

Winter 2010

Highland Parks and Recreation



2450 Lincoln Street
Highland, IN 46322
(219) 838-0114
www.highlandparks.org

On-line registration:
activenwi.com

Winter 2010

Highland Parks & Recreation

2450 Lincoln Street
 Highland, Indiana 46322
 Phone: 219-838-0114
 Fax: 219-972-7584
www.highlandparks.org
 Hours Vary, Please Call

Park & Recreation Staff

Alex Brown, CPRP	Superintendent
Chris Kubisz	Park Director
Angie Clark	Recreation Director
Ruth Hashu-Roorda	Recreation Supervisor
Leslye Keil	Recreation Supervisor
Kent Krause	Recreation Supervisor

Park & Recreation Board

Dennis Tobin	President/Library Board Rep.
Carlos Aburto	Vice President
Edward Dabrowski	Secretary
Thomas Arnold	Member
Vicki Crowel	Member
Larry Vassar	Member/School Board Rep.
Konnie Kuiper	Town Council Liaison
Rhett Tauber	Attorney

Highland Town Council

Dan Vassar, President	3rd Ward
Brian Novak, Vice-President	4 th Ward
Bernie Zeman	1st Ward
Mark Herak	2 nd Ward
Konnie Kuiper	5 th Ward

Clerk Treasurer

Michael Griffin, IAMC, CMC, CPFA

Highland Historical Society

Highland's Historical Society maintains a museum at the Lincoln Center. Open Every Saturday from 10 am-12 pm.

For more information call: 219-838-9935.

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Highland Sport Groups

Youth Softball

Joe Grzymiski
www.highlandsoftball.net
 922-0645
hysajoe@yahoo.com

Girls' Basketball

Dale Fieldhouse
 922-4455
 922-8450 (fax)

Youth Soccer

Jerry Tuel
www.highlandsoccer.com
 924-7819

Highland Hurricanes

Yvette Jania
www.highlandhurricanes.net
 838-4643

Pop Warner Football

Nora Sorell
www.highlandpopwarner.com
 923-1451

Little League

Dan Vassar
www.highlandll.com
 924-1945

Babe Ruth

Ed Stowe
www.highlandbaberuth.com
 678-4844

Special Events

Highland's 100th Anniversary



Centennial Gala

This event is about celebrating Highland's 100th year with dinner, entertainment, and dancing. The event will be held on Saturday, April 10, 2010 at the Wicker Park Social Center. For more information e-mail 100@highland.in.gov.

WWII Reenactment & U.S.O. Dance

This event honors our large WWII Veteran population. Witness a battle reenactment and come to an authentic U.S.O. Dance with band. This event will take place at Main Square Park April 30-May 2.

Moonlight Bowling Fundraiser

This event will take place on Saturday, February 20th from 8-11 pm at Plaza Lanes. The cost is \$25 per ticket. It includes two games, shoes, and pizza. Cash bar, prizes, and raffles available. Contact Mary Luptak at 219-923-3666 or e-mail 100@highland.in.gov. \$10 gallery tickets are available for the party and pizza.



Easter Events

Pre-School Hunt

A pre-school Egg Hunt is held at the Lincoln Center the Saturday before Easter, April 3rd at 10 am. Contact Joan Ray of the Highland Key Club for more information 923-6376.

School Age Day Hunt

Join us on a spring morning to gather colorful eggs with treasures inside.

Ages: 7-10

Date: Saturday, March 27

Time: 11:30 am Sharp!

Event Location: Sharp Athletic Complex

Registration Location: Lincoln Center

Registration Deadline:

one-week in advance

Fee: \$3/\$5 per child

Limit: 75 children

Breakfast with the Easter Bunny

Join the Easter Bunny and other friends for a continental breakfast sponsored by the Highland Chamber of Commerce. Basket raffles. Photos with the Easter Bunny (additional cost).

Tickets are limited and must be purchased in advance.



Saturday, March 27, 2010

Highland High School Cafeteria

8:30 am or 10 am

Tickets \$5

Spring With a Fling Fashion Show

Contact the Highland Chamber at 219-923-3666 or email mary@highlandchamber.com for details on the Spring Fashion Show.

Special Events

Cooperative Special Recreation Initiatives

CSRI is a cooperative venture seeking ways to increase recreational opportunities for individuals of all ages who have special needs and abilities.

The following agencies are affiliated with CSRI:

Community Hospital, Crown Point Parks and Recreation, Dyer Parks and Recreation, Highland Parks and Recreation, Lake County Parks, Merrillville Parks and Recreation, Munster Parks and Recreation, Schererville Parks and Recreation & St. John Parks and Recreation

CSRI Carnival

Highland Parks and Recreation will be hosting this special event. There will be a bounce castle, volleyball, basketball, crafts, bingo, face paint & more!

Ages: All

Date: Sunday, January 17

Time: 1-3 pm

Location: Lincoln Center

Fee: Free

Contact: 219-838-0114

Notes: This event is for people with special needs and their families

Ice Skating at Deep River Water Park on February 13
Lake County Parks: 769-7275

Egg Hunt on March 27
Munster Parks and Recreation: 836-7275

Bingo on April 17
Dyer Parks and Recreation: 865-2505



These events are for people with special needs and their families.

Pinewood Derby

This race is not limited to Boy Scouts or even just boys. This race is open to anyone ages 5 and up. Dads, do you remember your own race days and want to compete again? Moms, would you like to show off your own skills for building a car? Bring your car to the Lincoln Center to race against other Pinewood enthusiasts.

Ages: 5 & Up

Date: January 29

Time: Check In 5:30 p.m. & Races 6 p.m.

Location: Lincoln Center

Fee: \$10/\$13

Prizes: 1st Place & Best Design

Registration Deadline: January 15

Daddy/Daughter Dance Night

Highland Residents come enjoy the music, dancing, raffle, and refreshments. Music by Sensational Sounds. Fox Photography Pictures available for additional cost.



Ages: 5-13
(Highland Residents Only)

Date: Friday, February 12

Time: 7-9 pm

Location: Lincoln Center

Fee: \$15 per couple (\$20 week of dance, no tickets sold on Friday of the dance) \$5 for each additional daughter (\$6 week of dance)

Special Events

Highland Community Band

Rehearsals

Open to anyone from the area high school age or older. Rehearsals are under the direction of Greg Jasek. Greg will prepare this volunteer group for free public performances at the Lincoln Center Fieldhouse.

Ages: High School and Older

Days: Wednesdays

Time: 7-9 pm

Location: Highland Middle School Band Room

Notes: We would like to thank the School Town of Highland for their generous use of their band room and equipment.

Spring Performance

Ages: All

Date: Sunday, March 28

Time: 7 pm

Location: Lincoln Center Fieldhouse

Fee: Free



Park Pride Day

Join the Highland Parks and Recreation Department for a Community Clean-Up at our local parks. Afterward, meet us at the Lincoln Center to receive your free t-shirt and eat a free barbeque lunch! Contact Alex Brown at 838-0114 for your park assignment.

Saturday, April 17th
9 am—Noon



Flea Market w/ Card & Comic Show

Do you have some unique items in your home? Do you like the idea of making some money by selling some of your second-hand items? Join us at our Flea Markets.

Date: Saturdays, March 20, Oct. 16 & Nov. 20

Time: 9 am – 4 pm

Location: Lincoln Center

Vendor Fee: 10' x 10' Price: \$30/day

Early Bird Registration: \$81 for year; pay in full by 3/20

Notes: Tables and Chairs NOT provided

Registration Deadline: one-week prior to selling goods

Street Market

Do you grow produce or have a local business that sells food? Do you create unique, homemade items? Join us to showcase your business & serve our community.

Date: Saturdays, June 12 – October 9

(No Market July 3 & September 11)

Time: 9 am – 1 pm

Location: Main Square

Vendor Fee: \$20/week, \$80/8 wks, \$142/16 wks

Electricity: \$5/week, \$15/8 weeks, \$20/16 weeks

Registration Deadline: one-week prior to selling goods

Arts & Craft Show & Vendor Fair

Have a special talent for creating homemade arts and crafts? We are looking for vendors who have unique products to offer our diverse community.

Dates: April 24 & 25 (Spring), October 2 & 3 (Fall) & November 27 & 28 (Winter)

Time: Saturday 9 am – 4 pm & Sunday 11 am – 3 pm

Location: Lincoln Center

Notes: Table and Chairs NOT provided.

Vendor Fee: 10x10 Space: \$50/2-day show

Wall Space: \$75/2-day show

Early Bird Registration must pay in full by 3/24/10

10x10 Spaces are \$135 for year

Wall Spaces are \$202.50 for year

All Crafters/Vendors may register for any of the three shows beginning on 1/4/10. All spaces are first come, first served. To guarantee your space for the shows, crafters/vendors are encouraged to register as early as possible. Regardless of past show participation, we will no longer hold spaces for any vendor, unless they are paid in advance. Those who register for all three shows by 3/24/10 will receive the early bird rate and will be assigned the same spot for all three shows (on a first come, first served basis).

Toddler Music

Kindermusik Adventures with Nancy Hehemann

Kindermusik has winter programs for Village, Our Time, and Imagine That! If you have never done Kindermusik before, this is a great opportunity for you to enjoy this twelve-week session and see what the program has to offer. If you have done Kindermusik, this is an opportunity for you to continue your musical journey with your child. All Classes meet for 45-minute sessions. Tuition is paid to Highland Parks and Recreations and materials fee to instructor, Nancy Hehemann. The registration deadline is January 29, 2010. If you register after that date, there is a \$10 late fee added to the materials price to cover additional shipping.

Village—two curricula, each lasts 6-weeks for newborn—18 months with parent/caregiver. **Dew Drops** takes baby into the middle of a flower garden, seeing dew glisten in the morning sun and feeling the breeze with varying music from Belfast Hornpipe to the melody of Scarborough Fair. **Cock-a-doodle Moo** explores a farm theme through movement of a hayride and using farm animal sounds incorporated into singing activities.

Day: Wednesday Dates: February 3-May 19 (off 3/24) Time: 9:30-10:15 am Min. 4/ Max. 10
Fee: \$160/\$165 Materials Fee: \$70 paid to instructor Registration Deadline: 1/29/10

Winter Playdates—for lap babies, crawlers, and walkers with their parents . Through a unique blend of multi-level activities that include creative movement, vocal play, object and instrument exploration, and a colorful literature component, baby's growth and development are stimulated and all senses engaged.

Day: Wednesday Time: 9:30-10:15 am Min. 4/ Max. 10 Fee: \$25/\$30 (includes book and CD)
Date: January 6 w/ Deadline: December 21 Date: January 20 w/ Deadline January 11

Our Time— for children 18 months* to 3.5 years with parent/caregiver (*18 months old by January 11, 2010) This program encourages interaction with materials, adults, other children, and their environmental space. Your child will discover instruments, textures, sounds and movement. The anticipation and rewards of listening are introduced and with turn taking activities, social skills blossom. **Away We Go!** This program focuses on things that go, leading you into the world of transportation.

Day: Wednesday Dates: February 3-May 19 (off 3/24) Time: 10:30-11:15 am Min. 4/ Max. 10
Fee: \$160/\$165 Materials Fee: \$65 paid to instructor Registration Deadline: 1/29/10

Winter Playdates—for children ages 18 months to 3 years, each accompanied by an adult caregiver. This group lesson is designed to feature the basics of a Kindermusik classroom experience-singing, moving, playing instruments, listening, & group interactions.

Day: Wednesday Time: 10:30-11:15 am Min. 4/ Max. 10 Fee: \$25/\$30 (includes book and CD)
Date: January 6 w/ Deadline: December 21 Date: January 20 w/ Deadline: January 11

Imagine That!— for children 3.5 years– 5 years. Lessons are 45 minutes in length and designed for children to attend without an adult for the first 30 minutes, and the last 15 minutes of class the adults/siblings join us. The first class parents will remain for the entire class without siblings. Within the weekly lessons and at home, your preschooler's unique affinity to learn through pretend play is the foundation. **Toys I Make, Trips I Take** activities are centered on a child's pretend play and imagination, the unit firmly integrates the learning process by placing a strong musical emphasis on singing, steady beat and ensemble as well as rhythm and patterns.

Day: Wednesday Dates: February 3-May 19 (off 3/24) Time: 1-1:45 pm Min. 4/ Max. 10
Fee: \$170/\$175 Materials Fee: \$70 paid to instructor Registration Deadline: 1/29/10

Winter Playdates—for preschool children with great imaginations.

Day: Wednesday Time: 12:45-1:30 pm Min. 4/ Max. 10 Fee: \$25/\$30 (includes book and CD)
Date: January 6 w/ Deadline: December 21 Date: January 20 w/ Deadline: January 11

Preschool

Family Time Kindermusik

This class becomes a multi-layered learning environment with the older children ready to show the little ones how it's done. Each lesson introduces musical concepts with instruments. The structured free time will be used to put those concepts into play. Your children will listen to instruments and each other. They will enjoy the music and movement with hoops, scarves and tumble around play. Story time and family jams, puppet play and happy singings encourage exploration. These activities will foster the development of sharing and social skills.

Movin' and Groovin'— is a romping, rolling, stretching good time for the whole family. This unit of *Family Time* will explore lots of different ways to move— high and low, fast and slow, zigzag, curvy and more. Family member will chug around the classroom like trains, clip-clop like horses, and roll over like puppy dogs. They'll hear a story about playing tag together in *Can You Catch Me?*, and read about a jungle hokey-pokey in *Put Your Left Paw In*.

Ages: Newborn to 7 year olds

Day: Monday

Dates: February 22-May 3 (off 3/22)

Time: 6-6:45 pm

Tuition Fee: \$100 first child & \$75 second child

Materials Fee: \$70 paid to instructor (no material fees for second child)

Limit: Min. 5/ Max. 12

Registration Deadline: 2/17/10

Wiggles and Giggles

This program is designed to assist in the socialization of toddlers with other children. This non-structured play group is for parents and toddlers. Children meet once a week to play with safe toys while meeting and playing with others. Parents assist with the children's playtime and crafts.

Ages: 1.5-2

Date: January 4-April 26 (off 2/15, 3/29, 4/5)

Days: Mondays

Time: 10:30-11:30 am

Location: Lincoln Center

Fee: \$67/\$77

Limit: Min. 5/Max. 20

Registration Deadline: one-week in advance

Instructor: Rhnee Soloman

Preschool

Preschool classes are structured to teach proper school behavior. Throughout the year children will work on sharing, building vocabulary & expression with show and tell, learn alphabet, shapes, numbers, colors, cutting with scissors, crafts, listening skills and building increased attention span by listening to stories. Children must be fully potty trained and able to leave mom for the full two-hours each class.

Open Registration: December 1

Location: Lincoln Center

Notes: Must bring a healthy snack, drink, and backpack to carry class projects

Instructors: Rhnee & Andrea

Ages: 3-4 year olds

Date: January 5-April 29 (off 2/11, 3/30, 4/1)

Days: Tuesdays & Thursdays

Time: 8:45 am-10:45 am or 12-2 pm

Fee: \$176/\$186

Limit: Min. 6/Max. 15

Ages: 4-5 year old

Date: January 4-April 30

(off 2/12, 2/15, 3/29, 3/31, 4/2, 4/5)

Days: Mondays, Wednesdays & Fridays

Time: 8:45-10:45 am

Fee: \$225/\$235

Limit: Min. 6/Max. 15

Ages: 4-5 year old

Date: January 4-April 30

(off 2/12, 2/15, 3/29, 3/31, 4/2, 4/5)

Days: Mondays, Wednesdays & Fridays

Time: 12-2 pm

Fee: \$225/\$235

Limit: Min. 6/Max. 15



Youth Gymnastics

Tumble Bear

Parent-Tot

Experience the excitement of gymnastics featuring fun movie themes. Our students will show off their star quality at their gymnastic premier. They will be presented with their own "Oscar" award. Students will receive their trophy at the completion of the final summer session. This instructive program introduces toddlers and their parents to the world of gymnastics. Age appropriate skills taught in balance beam, bars, vault and air trak.



Ages: Walking-3
Date: January 12-February 2, February 9-March 2, March 9-March 30, April 6-April 27, May 4-May 25
Days: Tuesdays
Time: 10:40-11:15 am
Location: Lincoln Center
Fee: \$29/\$32 (1 class/week for 4 weeks)
Limit: Min. 6/Max. 14
Notes: Wear comfortable clothing, no jeans and gym shoes must be worn
Registration Deadline: one-week in advance

Preschool Gymnastics

Experience the excitement of gymnastics featuring fun movie themes. Our students will show off their star quality at their gymnastic premier. They will be presented with their own "Oscar" award. Students will receive their trophy at the completion of the final summer session.

During our summer program our students will learn age appropriate skills in the gymnastic events of balance beam, bars, vault, tumbling, and air trak equipment.

Ages: 3-5
Days: Tuesdays 10-10:35 am or 6-6:35 pm
Date: January 12-February 2, February 9-March 2, March 9-March 30, April 6-April 27, May 4-May 25
Location: Lincoln Center
Fee: \$29/\$32 (1 class/week for 4 weeks)
Limit: Min. 6/Max. 14
Notes: Wear comfortable clothing, no jeans and gym shoes must be worn
Registration Deadline: one-week in advance

Tumble Bear

School Age Gymnastics

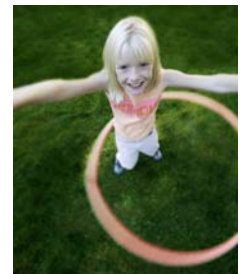
Climb the skill ladder to success this summer. Learn the skills in the gymnastic events of balance beam, vaulting, bars tumbling and air trak. Our students will continue climbing the ladder of success as they concentrate on cartwheels and handstands. Students will track their success each week as new challenges are added to keep this class exciting. An award program is planned with students earning awards at the end of the summer.

Ages: 5-12
Days: Tuesdays
Time: 4:30-5:15 or 5:15-6 pm
Date: January 12-February 2, February 9-March 2, March 9-March 30, April 6-April 27, May 4-May 25
Location: Lincoln Center
Fee: \$29/\$32 (1 class/week for 4 weeks)
Limit: Min. 6/Max. 14
Notes: Wear comfortable clothing, no jeans and gym shoes must be worn
Registration Deadline: one-week in advance

Tumbling/Cheer

This program teaches the skills needed to be successful in cheerleading: cartwheels, handstands, round-offs, splits, and other tumbling skills needed. Cheers, chants, stunts, motions, and jumps will all be included.

Ages: 6-12
Date: January 12-February 2, February 9-March 2, March 9-March 30, April 6-April 27, May 4-May 25
Days: Tuesdays
Time: 3:45-4:30 pm
Location: Lincoln Center
Fee: \$29/\$32 (1 class/week for 4 weeks)
Limit: Min. 6/Max. 14
Notes: Wear comfortable clothing, no jeans and gym shoes must be worn
Registration Deadline: one-week in advance



Youth Dance

Essence of Dance Ballet/Tap I

This class is geared toward improving coordination while learning basic steps and positions. Need pink or black ballet shoes & prefer solid pink or black leotards. Parents must wait in hallway during classes, observation day held last class.

Ages: 3-4

Session 1: January 8, 15, 22, 29, February 5, 12

Session 2: February 19, 26, March 5, 12, 19, 26

Session 3: April 9, 16, 23, 30 & May 7, 14 (off 4/2)

Session 4: May 21, 28, June 4, 11, 18, 25

Days: Fridays

Time: 12:45-1:30 pm

Location: Lincoln Center

Fee: \$51/\$54 (1 class/week for 6 weeks)

Limit: Min. 6/Max. 12

Registration Deadline: one-week in advance

Essence of Dance Ballet/Tap II

Basic ballet & tap introduced. Need pink ballet shoes & black tap shoes & prefer solid pink or black leotards.

Ages: 4-6

Session 1: January 8, 15, 22, 29, February 5, 12

Session 2: February 19, 26, March 5, 12, 19, 26

Session 3: April 9, 16, 23, 30 & May 7, 14 (off 4/2)

Session 4: May 21, 28, June 4, 11, 18, 25

Days: Fridays

Time: 1:30-2:15 pm

Location: Lincoln Center

Fee: \$51/\$54 (1 class/week for 6 weeks)

Limit: Min. 6/Max. 12

Registration Deadline: one-week in advance

Essence of Dance Jazz/Hip Hop

Groove to funky songs & learn jazz. Need gym shoes & black jazz shoes & comfortable clothes.

Ages: 4-6

Session 1: January 8, 15, 22, 29, February 5, 12

Session 2: February 19, 26, March 5, 12, 19, 26

Session 3: April 9, 16, 23, 30 & May 7, 14 (off 4/2)

Session 4: May 21, 28, June 4, 11, 18, 25

Days: Fridays

Time: 2:15-3 pm

Location: Lincoln Center

Fee: \$51/\$54 (1 class/week for 6 weeks)

Limit: Min. 6/Max. 12

Registration Deadline: one-week in advance



Youth Sports

Biddy Bowling

Join us at Plaza Lanes to enjoy a game of bumper bowling each week and also learn how the bowling alley and pro shop work.

Ages: 4-11

Date: February 6 – March 6

Days: Saturdays

Time: 11:30 a.m. – 12:30 p.m.

Location: Plaza Lanes (8101 Kennedy Ave.)

Fee: \$35/\$38

Registration Deadline: January 31



Middle School Basketball

The league format will be determined by registration numbers. Everyone receives a t-shirt. The first place team receives winner t-shirts. Teams will be determined by a player draft with the coaches.

Ages: Middle School

Day: Tuesdays

Practice Begins: 1st Week in March

Games Begin: March 16 – June 1

Time: 5-10 p.m.

Location: Lincoln Center

Fee: \$43 per person

Registration Deadline: February 14

Notes: Highland youth or children attending Highland Middle Schools may participate. Games held on Tuesday nights.

High School Basketball League

The league format will be determined by registration numbers. Teams must wear shirts with numbers. There is a ten player per team maximum. The first place team will receive winner t-shirts. The league is only open to Highland students.

Ages: High School

Day: Tuesdays

Date: March 9 – May 25

Time: 5-10 p.m.

Location: Lincoln Center

Fee: \$325 per team

Registration Deadline: February 28

Notes: Participants must sign up as a team.

No individual sign ups.



Youth Programs

Day Camp

Jr. Campers K-3 Grades

Sr. Campers 4-6 Grades

Join our camp staff for games, crafts, songs, drama, sport activities, and field trips.

Ages: 5-12

Date: June 7-August 6

Time: 8:30-5:30 pm

Location: Lincoln Center

Camp Fee:

Weekly: \$100 R / \$105 NR

Daily: \$22.50 R / \$25 NR

Before Care Fee:

Weekly: \$25 R / \$30 NR

Daily: 1-day \$5 R / \$6 NR

Limit: Max. 30 per day

Notes:

- Before Care Available 7 am – 8:30 am*
- Three Field Trips per Summer*
- Mandatory Parent Meeting
- Must be between 5–12 years upon start of camp
- *Additional Cost Required



Fred's Art Class for Young Adults

This is a six-week art course for kids. You will work with pencil & ink learning to draw animals, figures, and cartoons. Later, in the course you will explore painting with acrylics. At the end of the course you will put together all the techniques for a complete picture.

Ages: 13-16

Dates: January 15-February 19, March 5-April 16
(off 4/2), April 23-May 28, June 11-July 16

Days: Fridays

Time: 4:30-5:30 am

Location:

Lincoln Center

Fee: \$35/\$38

(1 class/week for
6 weeks)

Limit: Min. 5/Max. 20

Registration Deadline: one-week in advance



eGenius Challenge Academy

Pirate Island

Students are guided by adult mentors and their own imaginations to solve real world inspired science, technology, engineering, and mathematics (STEM) challenges using LEGO™ NXT Mindstorm Robots. The point of **eGenius Challenge Academy** is to excite all students about science and technology.

Ages: 9-13

Date: Feb. 20, Feb. 27 & March 6

Time: 9:30 am-noon

Location: Lincoln Center

Fee: \$60/\$63

Limit: Min. 8/Max. 20

Registration Deadline: one-week in advance
(supply order needs to be submitted)

Instructor: Patty Mastej



Middle School Dances

Once a month we will be hosting a dance for Highland Middle School students. Each dance features a D.J.

Ages: 7th and 8th Grade

Days: Fridays

Dates: January 22, February 19, March 19 &
April 23

Time: 7-9 p.m.

Location: Lincoln Center

Fee: \$5 at the door

Notes: Participants must show a school ID with photo or a parent must show their photo ID with Highland residency to get into the dance. No participants will be admitted after 7:30 p.m. Parents should plan on picking their children up at 9 p.m. sharp.

Self Defense

Lil Ninjas

Martial arts training for the “little ones”. Your child will learn basic karate kicks, punches, and rolls while also mastering hand-eye coordination.

Ages: 5-7

Dates: January 5-28, February 2-25, March 2-30, April 1-29

Days: Tuesday & Thursday

Time: 5-5:45 pm

Location: Lincoln Center

Fee: \$30 per month

Instructor: Rick Hansen, ICHF 5th Dan Master

Youth Hapkido

This is a self defense course for kids. Basic escape techniques, blocks, kicks, punches, and tumbling will be taught in a fun environment.

Ages: 8-12

Dates: January 4-27, February 1-24, March 1-31, April 5-28

Days: Mondays & Wednesdays

Time: 6-7 pm

Location: Lincoln Center

Fee: \$50 per month & \$25 per month for additional family members registered during the same session.

Instructor: Rick Hansen, ICHF 5th Dan Master



Beginning Adult Hapkido

This self defense class lays the foundation for advanced skills, but may be all the training you need. The course will cover escapes, joint locks, blocks, punches, kicks, take downs, as well as basic knife and gun disarming skills.

Ages: 13 and Older (prerequisite for Advanced Adult Hapkido Class)

Dates: January 5-28, February 2-25, March 2-30, April 1-29

Days: Tuesday & Thursday

Time: 6-7 pm

Location: Lincoln Center

Fee: \$50 per month & \$25 per month for additional family members registered during the same session.

Instructor: Rick Hansen, ICHF 5th Dan Master

Advanced Adult Hapkido

This is a self defense class that uses basic and advanced techniques to help protect yourself from armed and unarmed attacks.

Ages: 13 and Older

Dates: January 4-27, February 1-24, March 1-31, April 5-28

Days: Mondays & Wednesdays

Time: 7-8 pm

Location: Lincoln Center

Fee: \$50 per month & \$25 per month for additional family members registered during the same session.

Instructor: Rick Hansen, ICHF 5th Dan Master

Adult Sport Leagues

Mens' Open Basketball League

During this league, teams will play in a regular season and a single elimination tournament. Teams must provide their own shirts/jerseys that are the same or similar in color with numbers on the back. When registering you must provide us with your jersey color to avoid duplicates.

Ages: 18 and older

Dates: February 24 - May 19

Days: Wednesdays

Time: 6-10 p.m.

Location: Lincoln Center

Fee: \$480 (per team)

Registration Deadline: February 10

Co-Rec Volleyball League

During this league, teams will play in a 10-match season. One match is played each week consisting of a total of 3 games. Rally scoring is used. Players must be 18 years of age or older and cannot also be participating in high school sports.

Ages: 18 and older

Dates: February 24 – May 5th

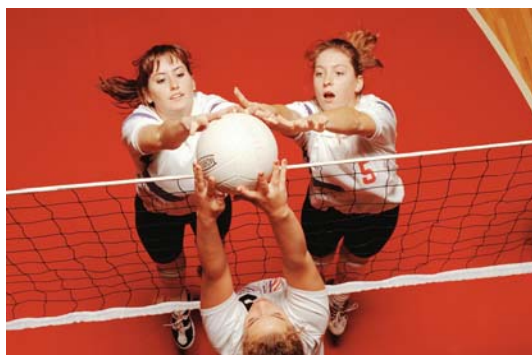
Days: Wednesdays

Time: 6-10 p.m.

Location: Lincoln Center

Fee: \$350 (per team)

Registration Deadline: February 10



Softball

Manager/Seeding Meeting:

March 25th at 6 pm held at the Lincoln Center
2450 Lincoln St. Highland, IN 46322

Date: April 12-August 21

Registration Begins: February 2

Registration Deadline: Fees due by March 25th
or when League Fills

Notes: Bring your team fee and preliminary roster.

All weekday leagues will utilize some Fridays for games.

Saturdays will be used for **ALL** rainouts.

21 Game Season

Fee: \$360 (per team)

Men's Teams:

Mondays (16)

Tuesdays (24)

Wednesdays (24)

Thursdays (32)

Co-Ed Teams:

Mondays (16)

Tuesdays (8)

Wednesdays (8)

14 Game Season

Fee: \$260 (per team)

Men's Teams:

Sunday Singles (16)

Sunday Double Headers (8)

10+ Individual Fees:

When 10 + pay on the same receipt at same time.

Resident \$25 (21 game) or \$15 (14 game)

Non-Resident \$35 (21 game) or \$25 (14 game)

10 or less Individual Fees:

When less than 10 are paid at the same time.

Resident \$30 (21 game) or \$20 (14 game)

Non-Resident \$40 (21 game) or \$30 (14 game)

Adult Fitness

Ballroom Dancing

Beginners Only

Ages: Adult
Date: January 4-February 22, March 8-April 26,
May 3-June 28 (off 5/31)
Days: Mondays
Time: 6 pm Hustle, Rumba, Foxtrot, and More
7 pm Jitterbug, Cha-Cha, Waltz , and More
8 pm Swing, Mambo, Tango, and More
Fee: \$27/\$30 (1 hour/week for 8 weeks)
Limit: Min. 8/Max. 20
Notes: Instructor, Tim Dustin, Leather sole shoes
recommended If the instructor desires, partners will
be switched throughout the class
Registration Deadline: one-week in advance

Advanced Only

Ages: Adult
Date: January 7-February 25, March 11-April 29,
May 6-June 24
Days: Thursdays
Time: 6 pm Hustle, Rumba, Foxtrot, and More
7 pm Swing, Mambo, Waltz, and More
8 pm Bolero, Cha-Cha, Tango, and More
Location: Lincoln Center
Fee: \$27/\$30 (1 hour/week for 8 weeks)
Limit: Min. 8/Max. 20
Notes: Instructor, Tim Dustin, Leather sole shoes
recommended If the instructors desire, partners will
be switched throughout the class
Registration Deadline: one-week in advance

Fitness

Low-High Aerobics

Exercise to the sounds of the 50's through the 90's with
fun & unique cardiovascular, energy building, dance-
style aerobics. With hand weights and floor exercises
you will tone, increase flexibility, and build strength.
Modifications offered to include your level/pace.
Session 1: January 12-February 18
Session 2: March 2-April 8
Session 3: April 20-May 27
Days: Tuesdays and Thursdays
Time: 6-7 pm or 7-8 pm
Location: Lincoln Center
Fee: \$32/\$35 (6 weeks) or \$16/\$17.50 (3 weeks)
Limit: Min. 8/Max. 30
Notes: Instructor, Christine Podgorny, Sign-up Early,
Classes Fill Quickly
Registration Deadline: one-week in advance

Water Aerobics

Water resistance helps the range of motion, muscle
tone, endurance, and coordination.
Date: January 4-February 1 (off 1/18), February 8-March
8 (off 2/15), March 15-April 19 (off 3/29, 3/31, 4/5), April
26-May 19
Days: Mondays and Wednesdays
Time: 8-9 pm
Location: Highland High School
Fee: \$32/\$35 (2 class/week for 4 weeks)
Limit: Min. 5/Max. 30
Notes: Instructor, Janis Joseph, bring swimsuit, towel &
water bottle, dates may change due to H. S. swim team.
Enter Middle School lot, rear entrance, Natatorium

Adult Belly Dancing

Learn the basics of belly dance and shimmy your way
to fun. Learn head slides, hip circles, dance routines
and more. Egyptian cabaret, traditional style, etc. will
be explored. Anyone can learn and no previous dance
experience necessary. Bring a water bottle and be
prepared to have fun! All shapes and sizes welcome.
Fees: \$58/\$62
Registration Deadline: One-Week Prior to Session
Limit: Min. 3 / Max. 25

Session 1: January 5-February 9
Session 2: February 16-March 23
Session 3: April 6-May 11 (off 3/30)
Session 4: May 18-June 22
Days: Tuesdays
Time: 9-9:55 pm
Location: Essence of Dance Studio
2014-16 45th Avenue (Porte De L'eau Plaza)

Adult Fitness

Highland Table Tennis Center

Want a place to play table tennis? The Lincoln Center hosts a table tennis program that is open year round. Participants are welcome to drop in and play other competitors.



Ages: All; 10 and under must be with an adult
Dates: All Mondays
Location: Lincoln Center
Fee: \$3 per visit without membership
\$35 for 6-month membership
\$64 for 12-month membership

Stroller Strides

Stroller Strides is the country's largest fitness program for new moms. Classes offer a stroller workout that combines Power Walking and intervals of body toning using the stroller, the environment and exercise tubing. It's a great way to get in shape, meet other new moms and have fun with your baby. In addition to the classes, Stroller Strides offers Luna Mom Clubs with fun playgroup activities and community offerings.

Session 1: Jan. 5, 7, 12, 14, 19, 21, 26, 28 (T/TH)
Session 2: Jan. 4, 6, 11, 13, 18, 20, 25, 27 (M/W)
Session 3: Feb. 2, 4, 9, 11, 16, 18, 23, 25 (T/TH)
Session 4: Feb. 1, 3, 8, 10, 15, 17, 22, 24 (M/W)
Session 5: March 2, 4, 9, 11, 16, 18, 23, 25 (T/TH)
Session 6: March 1, 3, 8, 10, 15, 17, 22, 24 (M/W)
Session 7: March 30, April 1, 6, 8, 13, 15, 20, 22 (T/TH)
Session 8: March 29, 31, April 5, 7, 12, 14, 19, 21 (M/W)

Time: M/W 9:30-10:30 am & T/TH 9:30-10:30 am
Location: Lincoln Center Fieldhouse
Fee: Cost \$48/\$51 per session
Registration Deadline: One-Week Prior to Session
Limit: Min. 2 / Max. 15
Notes: Taught by Dannielle Carroll

Tae Bo

Tae Bo® Fitness is a program that combines the best of a variety of different exercise disciplines to provide an overall workout. It is the combination of self-awareness and control of martial arts, the focus and strength of boxing, and the grace and rhythm of dance. Get ready to sweat!

Dates: January 6-27, February 10-March 3, March 17-April 14 (off 3/31), April 28-May 19 (off 5/26), June 2-23
Day: Wednesdays (one-class/week for four weeks)
Time: 6-7 pm
Location: Lincoln Center
Fee: \$45/\$48
Instructor: Sarah VanBodegraven
Notes: Bring water, towel & comfortable clothes

Zumba Fitness

"Ditch the workout and join the party" is Zumba's motto. A high energy Latin dance work-out for an hour of fun. This is a work-out for all ages, work-out levels, and dance abilities. Very energetic and fun. Dance for an hour, have fun & exercise.

Dates: January 8-29, February 12-March 5, March 19-April 16 (off 4/2), April 30-May 21 (off 5/28), June 4-25
Day: Fridays (one-class/week for four weeks)
Time: 6-7 pm
Location: Lincoln Center
Fee: \$45/\$48
Instructor: Sarah VanBodegraven
Notes: Bring water & comfortable gym shoes

Adult Fitness

Tai Chi

Kempo Jujutsu Martial Arts Academy is offering Tai Chi classes at the Lincoln Center. Tai Chi is moving meditation-participants move their bodies slowly, gently with awareness, while breathing deeply.

Sessions: January 4-25, February 1-22, March 1-22, April 5-26, May 3-24 (off 5/31), June 7-28

Days: Mondays

Time: 9-9:45 am

Location: Lincoln Center

Fee: \$25/\$35 (per session)

Notes: Instructor, Dale Hesterman

Registration Deadline: one-week in advance

Pilates Mat Class

Pilates is effective for all ages and all activity levels. Considered a broad system of physical and mental training that leads to the health and longevity of our body and mind. You will feel your body start to change shape with even the simplest exercises. Through a series of core, back, leg and arm exercises you will feel yourself get stronger each week and gain a new awareness of strength through your core.

Date: January 9-30, February 6-27, March 6-27, April 10-May 1, May 8-29, June 5-26

Day: Saturdays

Time: 10-10:45 am

Fee: \$45/\$48 per session

Limit: Min. 9/Max. 15

Notes: Instructor, Svetlana Raoufi, bring a mat and water bottle

Yoga

Experienced yoga instructor, Michael LaRocca, has been instructing since 1970, including Moraine Valley Community College, 1972-present, and Purdue University Calumet, from 1976-1994. Yoga classes include relaxing exercises which relieve tension and restore good health, breathing techniques for a higher level of vitality, meditation for calmness and clarity of mind.

Ages: 16 and Older

Date: January 13-March 3 (8 week session)

March 10-April 28 (8 week session)

May 5-May 26 (4 week session)

June 9-July 28 (8 week session)

Time: 6:15-7:40 pm (Beginners)

7:50-9:15 pm (Intermediate)

Location: Lincoln Center

Fee: \$79/\$82 (1 class/week for 8 weeks)

\$39/\$42 (1 class/week for 4 weeks)

Limit: Min. 8/Max. 20

Notes: Wear comfortable clothing and bring a towel or blanket

Registration Deadline: one-week in advance

Wellness

Blood Drives

If you are at least 17 years of age, weigh a minimum of 110 lbs, are in good general health, you may be eligible to donate blood. Please bring your donor card or positive identification with you when you come to donate.

Date: January 5, Feb. 2, March 2, April 6, May 4, June 1

Days: Tuesdays

Time: 1 pm-7 pm

Location: Lincoln Center

Notes: Please call 1-800-GIVE-LIFE to schedule your blood donation appointment

Blood Pressure Check

No Health Insurance? High Deductible? Healthchek offers affordable blood work without hidden fees!

Date: Saturday, February 6, 9-10 am, Blood Profile

Saturday, April 10, 9-10 am, Blood Profile

Saturday, August 7, 9-10 am, Blood Profile

Location: Lincoln Center

Notes: Basic Profile includes metabolic panel, lipid panel, complete blood count only \$45, Fasting recommended, drink lots of water, take medications as directed

Adult Fitness

Low-Impact Fitness

Morning Stretch for Seniors

This is a 30-minute work-out designed for seniors. We combine aerobics with stretching and strength training.

Date: January 4-27, February 1-26 (Friday offered for 2/15 day off), March 1-24, April 7-30 (Friday offered for 4/5 day off), May 3-26

Days: Mondays and Wednesdays

Time: 9:00-9:30 am

Location: Lincoln Center

Fee: \$12/\$15 (2 classes/week for 4 weeks)

Limit: Min. 8/Max. 25

Notes: Instructor, Jodi Olah, must sign waiver, bring towel and water bottle, hand weights are optional

Morning Stretch Workout

This is a fun low impact class designed to increase your energy while strengthening and toning your muscles.

Date: January 4-27, February 1-26 (Friday offered for 2/15 day off), March 1-24, April 7-30 (Friday offered for 4/5 day off), May 3-26

Days: Mondays and Wednesdays

Time: 9:30-10:30 am

Location: Lincoln Center

Fee: \$21/\$24 (2 classes/week for 4 weeks)

Limit: Min. 8/Max. 25

Notes: Instructor, Jodi Olah, must sign waiver, bring towel and water bottle, and hand weights

Walk Fit

This class will combine strength training exercises with walking in the Fieldhouse at the Lincoln Center.

Date: January 4-27, February 1-26 (Friday offered for 2/15 day off), March 1-24, April 7-30 (Friday offered for 4/5 day off), May 3-26

Days: Mondays and Wednesdays

Time: 10:45-11:30 am

Location: Lincoln Center

Fee: \$21/\$24 (2 classes/week for 4 weeks)

Limit: Min. 8/Max. 25

Notes: Instructor, Jodi Olah, must sign waiver, bring a water bottle and hand weights

Senior Sit & Fit

This 30-minute very low impact aerobics (mostly seated) is designed to help seniors or those with disabilities work on range of motion and balance. Consult physician prior to registration.

Ages: Adults

Date: January 5-28, February 2-25, March 2-25, April 8-29, May 4-27

Days: Tuesdays and Thursdays

Time: 10:45-11:15 am

Location: Lincoln Center

Fee: \$12/\$15 (2 - 1/2hr. classes/week for 4 weeks)

Limit: Max. 25

Notes: Instructor, Jodi Olah

Senior Strides

This 60-minute very low impact aerobics combined with strength training will give you a workout from head to toe. Modifications available for all levels and abilities.

Ages: Adults

Date: January 5-28, February 2-25, March 2-25, April 8-29, May 4-27

Days: Tuesdays and Thursdays

Time: 9:30-10:30 am

Location: Lincoln Center

Fee: \$21/\$24 (2 - 1hr. classes/week for 4 weeks)

Limit: Max. 25

Notes: Instructor, Jodi Olah

Nutrition

A nutrition site is offered at the Lincoln Center weekdays from 9 am-12:30 pm. Hot lunches are served at 11:30 am for a \$2 donation if the participant is over 60-years of age. Reservations must be made in advance by contacting Dorothy at 219-838-0114 between 9am-12:30 pm.

Adult Programs

Adult Colored Pencil

This course is designed for beginners and advanced students. Students will learn colored pencil techniques such as cross hatching, blending, burnishing on a variety of surfaces. Using prisma-color pencils, students will explore the diversity of this medium and create interesting compositions.

Ages: Adult

Session 1: January 4-February 15

Session 2: March 1-April 12

Session 3: April 26-June 14 (off 5/31)

Session 4: June 28-August 9

Days: Mondays

Time: 2-4 pm or 7-9 pm

Location: Lincoln Center

Instructor: Fred Holly

Fee: \$39/\$42 (1 class/week/7 weeks)

Notes: Supplies not included.

Registration Deadline: one-week in advance

Adult Acrylic Painting

This course is designed for the beginning as well as the advanced student. This detailed course will explain not only the various techniques of Acrylic Painting, but how to achieve the best results using them. Subject matter included: still life, landscape painting, leading to portraits. Fred Holly has been teaching acrylic painting for the past 15-years. He is a classically trained artist. His work has been purchased for many corporate and private collections such as the Indiana State Museum.

Ages: Adults

Session 1: January 29-March 12

Session 2: March 26-May 14 (off 4/2)

Session 3: May 28-July 9

Days: Fridays

Time: 2-4 pm

Location: Lincoln Center

Fee: \$39/\$42 (1 class/week/7 weeks)

Notes: Supplies not included.

Registration Deadline: one-week in advance

Beginning Guitar Lessons

Interested in learning the basics of guitar including: chords, tablature, and strumming? Students will learn songs ranging from Green Day to Beatles, Tom Petty to Madonna. Bring your own acoustic or electric guitar (amps not allowed). Classes taught by HGS Music and they will provide the music.

Ages: 10 years and older

Session 1: January 16-March 6

Session 2: March 20-May 8

Days: Saturdays

Time: 10-11 am

Location: Lincoln Center

Fee: \$90/\$95 (1 class/week/8 weeks)

Limit: Min. 10/Max. 20

Registration Deadline: one-week prior to class

Achievement Seminar

Goal setting begins with an awareness of the present and a desire to change the future. The Achievement Seminar takes you on a quest to reassess your goals and teaches you a purpose driven and systematic process for determining and achieving what you want. This event is facilitated by The Institute for Self-Achievement.

3-day Achievement Seminar:

January 19, 20 & 21

Fee: \$250

Time: 6-9 pm

Location: Lincoln Center

2-hour Achievement Workshop:

December 17, December 29, January 7, January 14

Fee: \$20 per session

Time: 7-9 pm

Location: Lincoln Center

Limit: Min. 15/Max. 50

Registration Deadline: one-week in advance



Senior Programs

Senior Meetings

Anyone 55 years or older are invited to attend these meetings. Meetings are twice a month except for June and July when there is only one meeting. The meetings are held the second and fourth Thursday of each month at 1 pm at the Lincoln Center. Meetings may consist of guest speakers, entertainment, door prizes, and bingo. Throughout the year special holiday luncheons or picnics are held for members. Baked goods are provided by our members through the baking committee. Anyone who attends the meetings will be asked to sign-up to bake. Highland residents unable to drive to a meeting should call the Park Office at 219-838-0114 and will be placed on a ride list.

Transportation

Certain elderly and handicapped persons in the greater Hammond area may be eligible for limited basis transportation services. For more information call LCEOC at 219-882-6159 or Dial-A-Ride at 219-932-2530. The Town of Highland also sponsors a subsidized taxi program for seniors and handicapped. Eligible riders can get a half price discount (up to \$5). Applications are available at Town Hall, 3333 Ridge Road or call 219-838-0114 for more information.

Boston

Enjoy motorcoach transportation and five nights of lodging including three consecutive nights at a Boston area hotel. You will enjoy a visit to the John F. Kennedy Library and Museum. You will depart for Lexington and Concord, known as the birthplace of the American Revolution. You will visit the National Heritage Museum and go on a Guided Tour. You will visit the Minute Man National Historical Park. A guided tour of the historical city of Boston. Shopping will be an option at the Quincy Market/Faneuil Hall Marketplace. You will see Salem and visit Harvard Square. Gamble at the Turning Stone Casino in Verona, New York. Travel back to Indiana.

Ages: Adults
Date: June 24-29
Total Fee: \$505 per person, double occupancy
Deposit: \$75 due upon signing
Final Payment Due: 4/18/10
Limit: Min. 30/Max. 46
Notes: Chaperoned by Highland Parks & Recreation Staff

Trips

Day and overnight trips are booked throughout the year. Destinations may vary from musicals, casinos, shopping, dinner theaters, festivals and more. Information regarding trips is available through flyers, brochures, newsletters, and the website. Payment in full is required when registering for a trip. Refunds will not be granted, unless a wait list is available and your spot can be taken. You may also find a replacement for yourself and notify the Park Office of the person taking your place. All refunds subject to a \$3 processing fee.

New Orleans Trip

Depart from the Lincoln Center in a spacious, video and restroom equipped motorcoach as you head to historic New Orleans. In New Orleans enjoy an area hotel, "bayou view" Swamp Tour, a New Orleans guided tour, a visit to a historic Louisiana plantation. You will have free time to shop, dine, or hear great music in the French Quarter. On day five, you will depart for some gaming at Harrah's Casino, wind down with a Riverboat Cruise on the Mississippi River and then attend a dinner party in New Orleans. Board the bus for a trip to the Mississippi Agriculture and Forestry Museum in Jackson, MS.
Ages: Adults
Date: April 25-May 1
Total Fee: \$579 per person, double occupancy
Deposit: \$75 due upon signing
Final Payment Due: Feb. 17
Limit: Min. 30/Max. 46
Notes: Chaperoned by Highland Parks & Recreation Staff

Black Hills of South Dakota

Visit the spectacular Badlands National Park. Go to the amazing Wall Drug Store before having dinner. Head to the Borglum Historical Center. Hear the story of Gutzon Borglum, the sculptor of Mount Rushmore. Afterward, go to the Mount Rushmore National Memorial. Then, enjoy a tour of the Wildlife Loop Road at Custer State Park. On day four, you will go to the High Plains Western Heritage Center. You will then enjoy an afternoon guided tour of Deadwood. Learn the complete history of the mystical Black Hills at the unique Journey Museum. Then, visit the famous Corn Palace. Afterward, enjoy the journey back to Northwest Indiana.

Ages: Adults
Date: September 19-25
Total Fee: \$609 per person, double occupancy
Deposit: \$75 due upon signing
Final Payment Due: 7/14/10
Limit: Min. 30/Max. 46
Notes: Chaperoned by Highland Parks & Recreation Staff

Community Information

Tree Transplant Program

When landscaping your home, consider donating your unwanted trees to the Highland Parks and Recreation Department. Our crews will remove your established trees (trunk must be less than 4-inches in diameter) and fill in the area with black dirt. These trees will be transplanted to park areas to be enjoyed by all. Call the Park Office at 219-838-0114 for further information. This service is only available for Highland residents.

Park Donations

Groups and individuals are encouraged to help improve the Erie-Lackawanna Trail by donating benches, trees, or flower planters. A plaque will be placed to honor your group or to identify the donation as a memorial.

Donation Options:

Flower Planters:	\$1,500
Full Back Recycled Plastic Bench:	\$760
Trees:	\$250

Park and Recreation Board

Highland Parks and Recreation Board meets for a study session the first Thursday of each month at 6:30 pm at the Lincoln Center, 2450 Lincoln Street, Highland, IN 46322.

The general meetings are held on the third Thursday of the month at 7 pm at Town Hall, 3333 Ridge Road, Highland, IN 46322.

Lost and Found

When using the Highland Parks and Recreation facilities, leave valuables at home. Do not leave personal belongings unattended such as i-pods, wallets, cell phones, cameras, keys, eye glasses, etc. Highland Parks and Recreation is not responsible for lost or stolen items. Items will be discarded if unclaimed within 3-months. Lockers available, must bring own lock. Locks must be removed when building is closed. Locks left overnight will be subject to removal by building staff.

Open Gym

Fieldhouse Operating Hours: Open gym and walking schedules are posted on Mondays on-line and outside the Park Office. Occasionally, standing recreation programs and some rentals will preempt the hours of open gym and walking.

Photo ID Policy: Children under the age of 16 must show a photo ID or have a parent escort them to the Fieldhouse with their identification on behalf of their child. Patrons ages 16 and older must have their OWN valid photo ID to gain access to open gym.

During open gym the following fees apply:

Highland Residents: There is no fee for open gym for Highland residents. Tuesdays and Thursdays are reserved for Highland residents only. Other days, court time is shared with non-residents.

Non-Residents: On Monday, Wednesday, Friday, Saturday, and Sundays Highland residents can bring 1 guest. Guests 15 years or older pay \$10 per visit. Any non-resident 14 years or younger will be charged a \$3 fee per visit. Guests on Mondays and Wednesdays must be accompanied by a Highland resident upon entering the facility. Highland residents are responsible for the actions of their guests.

Friday, Saturday, and Sunday visitors 15 years or older can come on their own for a \$15 fee per visit. Visitors 14 years and younger can come during the weekend on their own for a \$3 fee per visit.

Fieldhouse Rentals

The fieldhouse can be rented for conventions or athletic events, and athletic practices. Reservations must be made 8 days in advance. Availability is provided on a first-come, first serve basis for courts and stage area.

Athletic Practice Fees:

\$35/hr. per court* R
\$70/hr per court* NR

Athletic Game Fees:

\$60/hr. per court* R
\$120/hr. per court* NR

*Minimum Rental is 2 hours

Rentals will not be taken from November through March 31 Mondays through Thursdays between 6-10 pm. All other rentals are based on varying rate and are approved by the Park Board and the Superintendent.

R = Resident

NR = Non-Resident

Facility Rentals

Room Rentals

Rooms are available for showers, open houses, meetings, banquets, etc. at the Lincoln Center. Reservations must be made 8 days in advance and subject to availability. No same day rentals granted. Reservations must be made in person with a valid photo ID. Permit holders must be present during activity. No reservations will be accepted over the phone. All rooms require a 3 hr. minimum rental. If available, additional hours may be reserved for an additional fee per hour.

Resident Individual/Business

Classroom (50 people):

\$58 for 3 hours
\$15 extra hour

Double Classroom (100 people):

\$115 for 3 hours
\$22 extra hour

Community Room (70 people):

\$101 for 3 hours
\$22 extra hour

Non-Resident

Classroom (50 people):

\$101 for 3 hours
\$20 extra hour

Double Classroom (100 people):

\$169 for 3 hours
\$26 extra hour

Community Room (70 people):

\$152 for 3 hours
\$26 extra hour

Small Gym Rental

The small gym is available for birthday parties, showers, athletic activities, conventions, etc. This room is carpeted. Groups using the gymnasium for fundraising events must have approval by the Park Board.

General Rates for 3 hours:

0-100	\$175
101-150	\$200
151-200	\$225
201-250	\$275
251-350	\$325
Additional Hour	\$50

Athletic Activities rates per hour:

Resident: \$25
Non-Resident: \$50

Additional Policies

Any profit making organization charging an entrance fee will be charged an additional \$25 per hour.

Any group renting past 10 pm will be charged and additional \$100 per hour.

A \$100 refundable security deposit is required for rental of the community room, small gym, S-17 and S-21 in addition to the rental fee. The deposit is refunded upon a satisfactory facility inspection & approval from the Park Board.

Refunds

- **FIELDHOUSE & SHARP ATHLETIC FIELD RENTALS:** Will refund 80% of the fee if requested less than 60 days before the event. No refund will be given if cancelled within 7 days.
- **SMALL GYM AND FIELDHOUSE COURT RENTALS:** Will refund 80% of the fee if requested less than 30 days before the rental. No refund will be given if cancelled within 7 days.
- **CLASSROOMS, GAZEBO, PICNIC SHELTERS & PICNIC TABLES:** Will refund 50% if requested less than 30 days before the rental. No refund will be given if cancelled within 7 days.
- **DEPOSITS:** Deposits will be refunded upon satisfactory inspection.

No refunds will be granted the day of the event or beyond. All refunds will be charged a \$3 processing fee. Service fees for payments made with credit cards will not be refunded. All refunds must be processed through the Park Board. Refund checks will be mailed the Monday following the Park Board Meeting. All refunds must be applied for one-week prior to the meeting. Any refund requests past this deadline will not be issued until after the next month's meeting. Absolutely NO CASH refunds will be issued. NO EXCEPTIONS.

Park Facilities

Cross Town Bike Trail

The Erie-Lackawanna Trail in Highland is 4 miles long. The jurisdiction and maintenance of this facility falls under the Highland Parks and Recreation Department. Therefore, park rules must be abided while utilizing the trail. Motorized vehicles are prohibited. However, the trails are acceptable for walking, jogging, biking, and skating. Trail maps are available in the Highland Parks and Recreation office.

Park Policies

The Town of Highland prohibits the following by ordinance in all park areas: advertising, alcohol/drugs, archery, ATV vehicles, camping/sleeping, defacing park property, destruction of landscape, disorderly conduct, dumping/littering, firearms, fireworks, gambling, glass containers, golfing, harassing wildlife, horses, metal detectors, mopeds, motor vehicles, open fires, overnight parking, snowmobiles, soliciting, and swimming.

Pets must be on leash at all times and owners are responsible for handling pet waste.

Permit holders have priority for shelters.

Baseball is permitted only at Homestead & Markley. Tennis courts are for tennis use only.

Please notify the Park and Recreation Department at 219-838-0114 for violations of park policies or if you notice a park facility in need of repair.

Wicker Park

Residents should note that Wicker Park is not operated by the Town of Highland or the Highland Parks and Recreation Department. Wicker Park is governed by North Township, under the direction of Frank Mrvan, Jr., Trustee. The 18-hole golf course and 3-mile walking trail are open year round, weather permitting. Cross country skiing and ice skating is available in the winter. For information call 838-3420.

Parks for Picnics

The following parks are complete with shelters, washrooms, and drinking fountains to make your family or corporate picnic more enjoyable:

Homestead Park: 8000 Parrish Ave.
Meadows Park: 9400 Southmoor Ave.
Sheppard Park: 9217 Liable Rd.
Markley Park: 9501 Saric Dr.

Rentals are on a first-come, first-served basis and can accommodate 1 to 250 people. Fees cover the placement of picnic tables, trash cans, and clean-up. 50-gallon grills can be rented for \$35 depending on availability. Park reservations require 8-day advance notice.

Resident Rates:

50 people and under	\$60
51-100 people	\$90
101-150 people	\$120
151-200 people	\$150
201 people or more	\$180

Non Residents: \$50 additional per category

Main Square Gazebo

Main Square Park is the home of Highland's newly renovated gazebo located at 3001 Ridge Road. This is a popular site for weddings. Decorating as well as chairs are the responsibility of the permit holder. A minimum two-hour block is required when making reservations. Electrical service is available upon request. Decorations must be taken down following each event. Due to park programs during May through September the following items may be in the park: tents, picnic tables, bleachers, etc. Only the gazebo may be used as part of the facility agreement. The surrounding park not included in rental.

Fees:

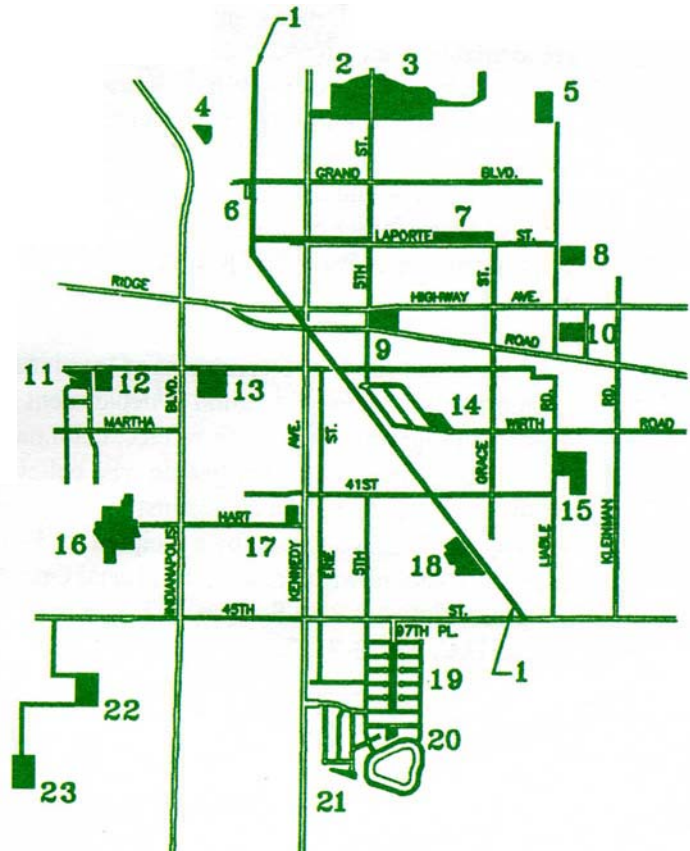
Bride & Groom (both Highland Residents)	\$50*
One Highland Resident	\$100*
No Highland Resident	\$150

* Driver's license must be shown as proof of residency.

Park Facilities

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	
												x											Administration
		x	x		x	x		x	x	x	x	x	x	x	x	x	x	x	x		x	x	Playground Equipment
	x	x	x						x			x		x	x		x						Ball Diamond
		x												x	x		x						Picnic Shelter
			x							x				x	x			x					Tennis Courts
		x	x			x					x	x	x	x					x				Basketball Courts
						x			x					x	x								Soccer Field
		x										x		x	x								Volleyball Courts
	x	x						x				x		x	x		x						Washrooms
	x	x	x					x	x	x		x	x	x	x		x						Drinking Fountain
												x											Meeting Rooms
	x	x												x	x		x						Lighting
x		x		x		x						x		x	x			x				x	Walking/Jogging Path
								x															Gazebo
	x	x						x				x		x	x		x						Ample Parking
		x		x			x								x								Nature Area
								x															Mid-way Area

1. Erie-Lackawanna Trail
2. Sharp Athletic Complex: 8071 Kennedy Ave.
3. Homestead Park: 8000 Parrish & 8003 5th St.
4. Northwood Park: 2431 81st St.
5. "Unnamed Park": 8200 Liable Rd.
6. Grand Park: 2600 Grand Ave.
7. Little Turtle Park: 3201 LaPorte St.
8. Toth Park: 3800 LaPorte St.
9. Main Square: 3001 Ridge Rd.
10. Orchard Park: 8720 Orchard Dr.
11. Brantwood Park: 2030 Lincoln St.
12. Meadows Outlet: 2020 37th Pl.
13. Lincoln Center: 2450 Lincoln St.
14. Pettit Park: 9040 Cottage Grove Ave.
15. Sheppard Park: 9217 Liable Rd.
16. Meadows Park: 9400 Southmoor Ave.
17. Fletcher Park: 2715 Hart Rd.
18. Markley Park: 9501 Saric Dr.
19. Lakeside Park: 3046 97th Pl.
20. Jaycee Park: 3040 101st St.
21. Lakeside Outlet: 10144 4th Pl.
22. Terrace Park: 2220 Terrace Dr.
23. White Oak Park: 2020 Briarwood Ln.



Registration Information

General Information

All registrations are conducted in-person or via mail at the Lincoln Center Park Office located at 2450 Lincoln Street, Highland, IN 46322. Cash or Checks payable to Highland Parks and Recreation are accepted forms of payment. No phone registrations available. Registration is available during normal business hours.

Pre-registration required one-week in advance for all programs. All area residents are welcome to participate in Highland Parks and Recreation programs. The first price listed in the brochure is for Highland Residents, the second price listed is for all non-residents. All programs and classes are on a first-come, first-served basis. Timely registration is encouraged. Patrons who fail to abide by the Highland Parks and Recreation rules may result in cancellation from program with NO refund.

Pro-Rated Refunds

When a refund is requested and approved patrons will be granted the amount for any remaining classes less any fees for that program, and a \$3 processing fee will be deducted. No refund will be granted the day of a program, or once a program has concluded. No cash refunds are permitted, even if you registered on the same day. All refunds are paid by checks issued once a month by the Parks and Recreation Board.

Trip Refunds

If the Highland Parks and Recreation Department is responsible for cancelling a trip, there is no processing fee and a check will be issued. Payment in full is required when registering for a trip. Refunds will not be granted, unless a wait list is available and your spot can be taken. You may also find a replacement for yourself and notify the Park Office of the person taking your place. All refunds subject to a \$3 processing fee.

Sales Tax

Effective January 1, 2010, Highland Parks and Recreation will be required to charge sales tax on qualifying rentals.

Insurance

Individual medical insurance is not provided by the Highland Parks and Recreation Department. Individuals are responsible for their own insurance. Trip insurance is encouraged for anyone who registers for any overnight trip. Information for travel insurance is available when patrons register for trips.

Non-Sufficient Checks

A \$7.50 fee will be assessed to those presenting N.S.F. checks for programs. This fee must be paid at the Town Hall BEFORE one can participate in the program the N.S.F. check was issued. If more than one N.S.F. check is written in any one year, no further checks will be accepted. Cash payment will be required for all further programs.

Notice

Highland Parks and Recreation Department programs and facilities are available to all citizens regardless of race, color, national origin, sex, age, or disability. Reasonable accommodations may be requested to provide participation in desired programs and activities. If you have a disability condition and would like more information and support for accessibility of programs and facilities, contact the Superintendent for Parks and Recreation at 219-838-0114. Regulations of the U.S. Department of Interior strictly prohibit unlawful discrimination in departmental Federally Assisted Programs. Any person who believes he or she has been discriminated against in any program, activity, or facility operated by a recipient of Federal Assistance should write to: Director, Equal Opportunity Program, National Park Service, P.O. Box 37127, Washington, D.C. 20013.

On-Line Registration

Some programs are eligible for registration via the internet. Please visit activenwi.com for this service. Those registering on-line must have a credit card and valid e-mail address. Non-refundable service fees will apply.